

Arena TREC Clinic (Outdoor Arena) **TREC4ALL**

At The Croft Equestrian Centre
Padworth Common, Reading, Berks, RG7 4QP

**** Sunday 22nd November 2020 - Sessions start from 10am - All abilities welcome ****

- ✓ Coaching for the PTV (obstacle) phase of a TREC event
- ✓ TREC GB Judge/TD/Experienced Competitor
- ✓ Suitable for all horses, ponies and riders
- ✓ Improves your partnership with your horse
- ✓ Fantastic venue with huge outdoor arena & good parking
- ✓ ****Strict COVID-19 Safety Measures – for details see www.thecroftec.co.uk/clinics ****

Cost £30.00 - 1 hr 30 minutes session in a group of 4 riders.

All horses & ponies MUST have up to date Vaccinations for Equine Flu

(Entry fee non-refundable unless your place can be filled from the waiting list)

Complete the form below and email to: lizbeddows@outlook.com

Entries close Sunday 15th November 2020 or earlier if full. (Past clinics have filled up quickly)

Places allocated on receipt of form and receipt of BACS payment ONLY.

For more information email: lizbeddows@outlook.com

*Tack and dress informal but safe. **Riders must wear hats of PAS015 or of superior standard.** All hats must have a properly fitted, and be fastened, with a chinstrap and must be worn at all times when mounted. Body protectors are recommended. Neither the organisers nor the landowners can accept responsibility for any accident, loss, damage, injury or illness to any horse, other animal, rider, spectator or any other person or property. **NO DOGS ALLOWED.** The organisers reserve the right to cancel or refuse any entry.*



Like us on Facebook: TREC4All



Arena TREC Training Sunday 22nd November 2020 - The Croft EC

Name : Age if under 18 :

TREC Experience if any : Horse height :

Contact details: Email : Mobile :

Tick here to join Mailing List: []

I have made a BACS payment of £30 to Sort Code: 60-10-35 Account Number: 13046381 **with my name as reference.**

Signed : Date : (parent/guardian to sign if under 18)

About TREC

TREC is a fun, inclusive sport that all types of horse/pony and rider can enjoy.

TREC events are run all year but in different formats in the summer and winter. Full TRECs take place in the summer and consist of three phases: the POR (orienteering or hack with a map!), MA which is a slow canter and fast walk and thirdly the PTV or obstacle phase. Obstacles are designed to replicate the skills needed for hacking out eg: riding under low branches or through narrow places, up and down slopes, popping over logs etc. Arena TREC events are held in the winter and consist of just the MA and PTV phases

TREC training can add a new dimension to your schooling whether or not you plan to compete and it's fun for both horse and rider. At the clinic you will learn how to tackle a variety of TREC obstacles successfully, for example Corridor, Low Branches, Neck Rein, Bridge, S bend. Some obstacles are done lead as well!

Liz Beddows has been competing successfully in TREC for 11 years, is top of the National Level 2A Individual League, won the Level 2A Individual in the National Championships 2018 and in 2017 & 2018 was in the winning Nations Cup Team. She is a judge and TD for TREC GB and has been running events and training for 7 years as TREC4All. She has a calm and relaxed style of coaching and enjoys introducing newcomers to TREC.

For more information on TREC see TREC GB's website www.trecgb.com.